

# PARENTING WORKSHOP



FOR LEARNING SUCCESSFUL AND CREATIVE METHODS OF PARENTING THROUGH

## **POSITIVE DISCIPLINE**

[www.positivediscipline.org](http://www.positivediscipline.org)

At this experiential, Adlerian based workshop parents will be provided with the tools and skills necessary to successfully implement effective family meetings, and create a home which enhances cooperation, collaboration, communication, a sense of connection, accountability and mutual respect

### **Help children develop**

- ~Self-discipline
- ~Responsibility/Accountability
- ~Problem-solving skills
- ~Self-esteem, Confidence
- ~Communication skills
- ~Essential life skills

### **Do you hassle over**

- ~Sibling conflicts, Tantrums
- ~Getting up and off to school
- ~Self-motivation
- ~Family participation/Chores
- ~Homework/Responsibility's
- ~Sharing, Bed time routines

### **Discover**

How disciplining children can be done with firmness and respect, at the same time. How to teach your children not boss them. The reasons and beliefs behind the child's behavior. The differences between consequences, punishment and solutions.

**Dates/Time: Seven Tuesdays, 7pm-9pm, April 6, 13, 20,27 – May 4, 18, 25,**

**Place: Assumption Church, 91 Maple Ave. Morristown, NJ 07960**  
(Workshop will be held in the Community Room, off back parking lot on Madison Avenue)

**Fee: \$140.00 per/person (second family member cost is \$95.00)**

**Facilitator: Teresa LaSala, Certified Positive Discipline Lead Trainer**  
References Available—Class Size Limited~Sign up now!!!

**Registration Necessary by 3.30.10 Questions? Contact Teresa @ 973.713.4295 or [TeresaLaSalaCPDA@aol.com](mailto:TeresaLaSalaCPDA@aol.com)**

Send Payment for Confirmation, Payable to: Teresa LaSala, 2 Baird Drive Denville, NJ 07834