



## *How to Make a* **PRAYER CARD**

The child carefully chooses a prayer card to place on the prayer table. It is more than a mere decoration, but rather it is an expression of their heart. Prayer cards are used to build the child's faith vocabulary and prayer language.

The Prayer Card contains words from the Psalms, sacred Scripture or a special prayer from our faith tradition. The Psalms offer rich images and "prayer language," while the infancy narrative prayer cards are what Sofia referred to as among the finest "prayer samples" we have.

1. Perhaps there is a favorite **Psalm or other Scripture verse** or phrase from a **prayer** that your child would like to print on a prayer card. Some excellent examples would be:

- *Amen*
- *Hosanna*
- *Alleluia*
- *Psalm 23:1*
- *Psalm 23:1-3*
- *Psalm 23:1-4*
- *"Hail Mary, full of grace, the Lord is with you."*
- *"Blessed are you among women; blessed is the fruit of your womb."*

### **2. Select your paper**

#### Type of Paper

Parchment paper  
Lined or unlined paper  
White or colored paper

### **3. The pen or pencil**

The younger child may use colored pencils, while the older child may prefer a calligraphy pen.

### **4. Illumination**

Some children enjoy using Florentine paper to "illuminate" the border of the prayer card, or they may want to decorate with their own illuminated design.

### **5. Basket, box or container for your Prayer Cards:**

You may want to find a basket or container to hold your prayer cards. In the box or container, you may want a small stand to hold the prayer card as it rests on your prayer table. Stands may be purchased at any craft store.